



# International Journal of Medical Anesthesiology

E-ISSN: 2664-3774  
P-ISSN: 2664-3766  
[www.anesthesiologypaper.com](http://www.anesthesiologypaper.com)  
IJMA 2019; 2(2): 21-26  
Received: 16-05-2019  
Accepted: 20-06-2019

**Dr. Yuvaraj MK**  
Assistant Professor,  
Department of Anesthesiology,  
Kodagu Institute of Medical  
Sciences, Madikeri, Karnataka,  
India

**Dr. Aiyappa DS**  
Assistant Professor,  
Department of Anesthesiology,  
Kodagu Institute of Medical  
Sciences, Madikeri, Karnataka,  
India

**Corresponding Author:**  
**Dr. Aiyappa DS**  
Assistant Professor,  
Department of Anesthesiology,  
Kodagu Institute of Medical  
Sciences, Madikeri, Karnataka,  
India

## Efficacy of isobaric levobupivacaine and fentanyl with isobaric Ropivacaine and fentanyl in patients undergoing TURP under subarachnoid block

**Dr. Yuvaraj MK and Dr. Aiyappa DS**

**DOI:** <https://doi.org/10.33545/26643766.2019.v2.i2a.24>

### Abstract

Levobupivacaine has similar pharmacodynamic properties of racemic bupivacaine and is documented to be less cardiotoxic and less neurotoxic in cases of accidental intravascular injection and has shorter duration of motor block than racemic bupivacaine. Protein binding of levobupivacaine (97%) is more than that of racemic bupivacaine (95%). There is less free drug circulating in the plasma and acting on other tissues to cause adverse effects and toxicity. Studies have shown that while volumes of distribution and overall clearance of the two drugs are comparable, the clearance of unbound fraction of levobupivacaine is higher. The study includes 30 males in each group (group R and group L) satisfying the inclusion criteria. Group R: 2.6 cc of 0.75% isobaric ropivacaine (19.5mg) with 0.4cc of fentanyl (20 microgram). Group L: 2.6 cc of 0.5% isobaric levobupivacaine (13 mg) with 0.4cc of fentanyl (20 microgram). This study reveals that the intrathecal 2.6ml of 0.75% isobaric ropivacaine with fentanyl 20µg provides adequate anaesthesia for TURP cases. Ropivacaine achieves a longer duration of sensory and motor blockade as compared with 0.5% isobaric levobupivacaine. With the quality and duration of block achieved with ropivacaine, it can be justified to use it for TURP cases. Furthermore, fentanyl as an adjuvant to both ropivacaine and levobupivacaine enhances the duration of the sensory block. The incidence of rescue analgesia was much earlier in patients who received levobupivacaine with Fentanyl.

**Keywords:** Isobaric levobupivacaine, fentanyl with isobaric Ropivacaine, TURP

### Introduction

Lower urinary tract symptoms suggestive of Benign Prostatic Hyperplasia (BPH) are frequently encountered in ageing men. Over the age of 40, about one quarter of men suffer from BPH. There are three treatment options for BPH namely watchful waiting, pharmacological interventions and surgery (minimally invasive).

Surgery is recommended for patients who are moderately to severely bothered by their BPH and refractory to medical treatment. Transurethral resection of prostate (TURP) is one of the most common procedures performed in elderly men. Spinal anaesthesia (SA) or Subarachnoid block (SAB) is the most frequently used anaesthesia technique for TURP as it is the fastest, most predictable and reliable form of regional anaesthesia.<sup>1</sup>

Under SAB, the signs and symptoms of water intoxication, fluid overload, TURP syndrome and bladder perforation can be recognized early as the patient is awake. Spinal anaesthesia is a safe, reliable and inexpensive technique with the advantage of providing surgical anaesthesia and also extended pain relief in post operative period. It is also an effective treatment for acute operative pain and blunts autonomic, somatic and endocrine responses.

Spinal anaesthesia with cocaine was initially produced inadvertently by J Leonard Corning in 1885, and first used deliberately by August Bier in 1898.

For decades, lignocaine had been the local anaesthetic of choice for spinal anaesthesia. Its advantages are rapid onset of action and good motor block manifested as good muscle relaxation. Its use was limited by its short duration of action and has been implicated in transient neurologic symptoms and cauda equina syndrome following intrathecal injection. Bupivacaine is three to four times more potent than lignocaine and has longer duration of action. Hyperbaric bupivacaine (0.5%) is more commonly used for spinal anaesthesia for TURP. Bupivacaine, though long acting has increased the incidence of fatal cardiac toxicity after accidental intravascular injection, because of narrow cardiovascular collapse/central nervous system toxicity ratio (cc/cns). Bupivacaine is available as a racemic mixture of its enantiomers, dextro-enantiomer and s-enantiomer. It has been found that dextro-enantiomer is

the cause for cardiotoxicity. Levobupivacaine is an s-enantiomer of bupivacaine, and hence emerged as a safer alternative to bupivacaine for regional anaesthesia than its racemic parent in the recent years [2].

In 2009, Ropivacaine a new amide-type long-acting, local anaesthetic and analgesic was introduced in India, though it was being used in other parts of the world since early 1990s. Ropivacaine has similar efficacy but an enhanced safety profile when compared to bupivacaine, a major advantage in regional anaesthesia. Ropivacaine has been recently introduced in India and not many studies have been done in India regarding the use of ropivacaine for spinal anaesthesia [3].

Levobupivacaine has similar pharmacodynamic properties of racemic bupivacaine and is documented to be less cardiotoxic and less neurotoxic in cases of accidental intravascular injection and has shorter duration of motor block than racemic bupivacaine.

Protein binding of levobupivacaine (97%) is more than that of racemic bupivacaine (95%). There is less free drug circulating in the plasma and acting on other tissues to cause adverse effects and toxicity. Studies have shown that while volumes of distribution and overall clearance of the two drugs are comparable, the clearance of unbound fraction of levobupivacaine is higher.

Levobupivacaine demonstrated lesser affinity and strength of inhibition of cardiac sodium channels *in vitro* animal tissue experiment studies. It was also less potent in blocking cloned human heart potassium and sodium channels. Experiments in anaesthetized rats receiving arrhythmogenic intravenous levobupivacaine or dextrobupivacaine showed a less rapid blockage of the cell firing in the nucleus tractus solitarius after levobupivacaine than after dextrobupivacaine. Hence potential for cardiovascular and CNS toxicity is lower with levobupivacaine [4].

Though the duration of action of levobupivacaine and ropivacaine is prolonged, it will not produce prolonged post operative analgesia. Uncontrolled post operative pain may produce a range of detrimental acute and chronic effects. For this reason there has been in recent years, an increasing interest in the relief of post operative pain by technique using local anaesthetic agents with adjuvant for spinal anaesthesia. Neuraxial adjuvants such as lipophilic opioids (fentanyl), are increasingly being given intrathecally as adjuvant to local anaesthetics to enhance sensory block which improves perioperative analgesia and intensify motor block without increasing sympathetic blockade, prolonging motor recovery and discharge time, and also to minimize the local anaesthetic dose, particularly in high-risk patients and in ambulatory procedures [5].

### Methodology

The study includes 30 males in each group (group R and group L) satisfying the inclusion criteria.

Group R: 2.6 cc of 0.75% isobaric ropivacaine (19.5mg) with 0.4cc of fentanyl (20 microgram).

Group L: 2.6 cc of 0.5% isobaric levobupivacaine (13 mg) with 0.4cc of fentanyl (20 microgram).

Patient characteristics were analyzed with the student t test for continuous variables and chi square test for categorical variables. Post-operative analgesic requirements, Visual Analogue Scale (VAS) pain scores and incidence of side effects were analyzed with the chi square test. All the values were expressed as mean  $\pm$  standard deviation and a 'p' value

less than 0.05 were considered as statistically significant.

### Pre anaesthetic examination & preparation

Preanaesthetic check up was done one day prior to the surgery or earlier whenever required. Patients were evaluated for co-existing systemic diseases and relevant laboratory investigations were reviewed/requested. The procedure of SAB and VAS score was explained to the patient in their own understandable language and written informed consent was obtained.

After the approval by the Institutional Ethical Committee of the KVG Medical College and Hospital, Sullia, and after taking written informed consent, 60 patients aged between 40 and 80 years with ASA physical status I-III who were scheduled for elective TURP were enrolled in this prospective, randomized comparative study.

Selected patients were randomly allocated to 2 groups of 30 each by lottery method, prepared by another anaesthetist outside the operating room, namely:

**Group R:** 2.6 cc of 0.75% isobaric ropivacaine (19.5mg) with 0.4cc of fentanyl (20 microgram).

**Group L:** 2.6 cc of 0.5% isobaric levobupivacaine (13 mg) with 0.4cc of fentanyl (20 microgram).

One day prior to surgery all the patients underwent pre-anaesthetic check-up and were explained about visual analogue scale (VAS) and were pre-medicated with tab. alprazolam 0.5 mg HS orally.

Before being shifted to operation room, patients were secured with an intravenous (IV) line with 18G IV cannula in the dorsum of hand and preloaded with 10ml/kg/hour of ringer lactate over 20 minutes before shifting to operation theatre.

### Preparation of Operation room (OR)

Anaesthesia work station was checked and prepared. Appropriate size endotracheal tubes, working laryngoscope with medium and large size blades, stylet and working suction apparatus were kept ready. Emergency drug tray containing atropine and ephedrine were also kept ready before the procedure.

### Procedure

In the operation room, IV infusion of normal saline at 4ml/kg/hr was started using a dosiflow. All fluids transfused was at room temperature. Patients were monitored with standard anaesthetic monitoring techniques using non-invasive blood pressure, peripheral oxygen saturation and electrocardiography evaluations. The baseline blood pressure, mean arterial pressure, heart rate and oxygen saturation were noted.

With the patient in lateral decubitus position, spinal anaesthesia was performed under strict aseptic conditions and after local infiltration of the skin with 1% lidocaine. Using 23G Quincke's Babcock needle with midline approach at L4-L5/L3-L4, the subarachnoid space was entered (determined by palpation of bony landmarks) with bevel pointing cephalad.

Drug was injected slowly (over 15 seconds) without Barbotage technique and after noting the free flow of cerebrospinal fluid. The patient was turned supine immediately after the injection and put in neutral position. All patients were covered with blanket and received oxygen

by nasal prongs at 2-3L/min. Table tilt was not allowed before ascertaining the sensory block up to T12. A head down tilt was given if maximum sensory level of T10 was not attained within 5min after SAB. On confirmation of sensory level of more than T10, patients were placed in lithotomy position. In the event of inadequate spinal block (defined as pain severe enough to interfere with surgical procedure), rescue analgesia was planned with titrated doses of fentanyl followed by general anaesthesia. In case of failure of spinal anaesthesia, it was planned to exclude the patients from the study and convert the case into general anaesthesia (GA was planned with mask induction using O<sub>2</sub> and N<sub>2</sub>O 1:1 with titrated doses of propofol. Appropriate size LMA would be placed and maintained on spontaneous ventilation and isoflurane. In our study, no case was

converted to GA).

Thereafter, hemodynamic changes, which include pulse rate, systolic blood pressure, diastolic blood pressure, MAP, SpO<sub>2</sub> were recorded every 2 minutes for the first twenty minutes, and then every 5 minutes for the next thirty minutes and then every 10 minutes thereafter till the end of surgery.

Bradycardia defined as the pulse rate of less than 50 beats/min was treated with Inj. atropine 0.6mg IV. Hypotension defined as the decrease in mean arterial pressure less than 60 mmHg or systolic blood pressure less than 20% from baseline was treated with incremental boluses of Inj. ephedrine 6 mg IV as and when required.

## Results

**Table 1:** Difference in ASA grade between the two groups

Groups	N	Median	U value	Z Score	p Value
Ropivacaine And Fentanyl Group	30	3			
Levobupivacaine And Fentanyl Group	30	3	405	-0.657	0.50926

Most of the study group patients were ASA 3 patients. The two groups were comparable in the distribution of ASA grade 2 and 3 patients.

**Table 2:** Distribution of patients according to the duration of surgery (in min) and intergroup comparison

GROUP	N	Mean	SD	Min	Max	t Value	p Value
Ropivacaine And Fentanyl Group	30	41.33	7.42	30	60		
Levobupivacaine And Fentanyl Group	30	41.5	8.11	25	60	0.0847	0.9328

Duration of surgery was comparable between both the groups. The mean duration of surgery was 41.5+8.11 min in group L and 41.33+7.42 min in group R. It was statistically not significant with 'p' value of 0.9328. Thus the two groups were comparable with respect to age, BMI, ASA and duration of surgery.

**Table 3:** Time of onset of sensory blockade (in minutes) and intergroup comparison

Group	N	Mean	SD	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	1.5	0.70	1	4	12.9795	<0.0001
Levobupivacaine And Fentanyl Group	30	4.53	1.07	3	6		

The above table shows the mean time of onset of sensory blockade in ropivacaine 0.75% group is 1.5+0.70mins and in levobupivacaine 0.5% group is 4.53 + 1.07mins. There is a statistically significant difference between the two groups regarding the onset of sensory blockade (p value <0.0001), with the sensory onset being faster in ropivacaine 0.75% group.

**Table 4:** Time of onset of sensory blockade to T10 (in minutes) and intergroup comparison

Group	N	Mean	Sd	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	3.32	1.23	3	6	11.876	<0.0001
Levobupivacaine And Fentanyl Group	30	7.64	1.87	6	12		

The above table shows the mean time of onset of sensory blockade to T10 in ropivacaine 0.75% group is 3.32+ 1.23mins and in levobupivacaine 0.5% group is 7.64+ 1.87mins. There is a statistically significant difference between the two groups regarding the onset of sensory blockade to T10 (p value <0.0001), with the sensory onset to T10 being faster in ropivacaine 0.75% group.

**Table 5:** Time to reach maximum level of sensory blockade in minutes and intergroup comparison

Group	N	Mean	SD	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	4.43	1.13	3	6		
Levobupivacaine And Fentanyl Group	30	9.03	1.99	5	13	11.0097	<0.0001

The above table shows the mean time to reach the maximum sensory blockade, which is 4.43+ 1.13 mins in ropivacaine 0.75% group and 9.03+ 1.99 mins in levobupivacaine 0.5% group. There is a statistically significant difference between the two groups (p value <0.0001).

**Table 6:** Time for 2 segment regression of sensory blockade (in minutes) and intergroup comparison

Group	N	Mean	Sd	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	84	13.92	55	110		
Levobupivacaine And Fentanyl Group	30	64	13.92	35	90	5.5646	<0.0001

The mean time taken for 2 segment sensory regression is 84 +13.92mins in ropivacaine 0.75% group and 64 +13.92mins in levobupivacaine 0.5% group. There is a statistically highly significant difference between the groups (p value <0.0001) with faster regression of sensory block in levobupivacaine 0.5% group.

**Table 7:** Duration of sensory blockade (in minutes) and intergroup comparison

GROUP	N	Mean	SD	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	177.5	50.44	100	255		
Levobupivacaine And Fentanyl Group	30	110.83	29.36	65	160	6.2569	<0.0001

The mean duration of sensory blockade is 177.5+ 50.44 mins in ropivacaine 0.75% group and 110.83+ 29.36 mins in levobupivacaine 0.5% group. There is a statistically highly significant difference between the groups (p value <0.0001) with longer duration of sensory blockade in ropivacaine 0.75% group.

**Table 8:** Time of onset of motor blockade (in minutes) and intergroup comparison

GROUP	N	Mean	SD	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	3.56	1.13	2	5		
Levobupivacaine And Fentanyl Group	30	7.26	1.41	5	11	11.2156	<0.0001

The mean time taken for the onset of motor blockade is 3.56 +1.13mins in Ropivacaine 0.75% group and 7.26+ 1.41mins in levobupivacaine 0.5% group. There is a statistically significant difference between the groups (p value <0.0001).

**Table 9:** Duration of motor blockade (in minutes) and intergroup comparison

Group	N	Mean	Sd	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	255.16	29.05	200	305		
Levobupivacaine And Fentanyl Group	30	202.5	23.25	160	245	7.7518	<0.0001

The mean duration of motor blockade is 255.16+ 29.05mins in ropivacaine 0.75% group and 202.5 +23.25mins in levobupivacaine 0.5% group. There is a statistically highly significant difference between the two groups (p value <0.0001).

**Table 10:** Regression TO S1

Group	N	Mean	Sd	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	329.83	20.90	280	365		
Levobupivacaine And Fentanyl Group	30	273	19.10	230	320	10.9940	<0.0001

The mean time taken for the level to regress to S1 is 329.83+ 20.90mins in ropivacaine 0.75% group and 273+ 9.10mins in levobupivacaine 0.5% group. There is statistically highly significant difference between the groups (p value <0.0001)

**Table 11:** Maximum motor block

Group	N	Mean	Sd	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	3	0	3	3		
Levobupivacaine And Fentanyl Group	30	3	0	3	3	NA	NA

The maximum motor block attained in both the groups was MBS 3.

**Table 12:** Time to attain maximum motor blockade

Group	N	Mean	Sd	Min	Max	T Value	P Value
Ropivacaine And Fentanyl Group	30	6.43	1.13	5	8		
Levobupivacaine And Fentanyl Group	30	12.46	2.08	10	16	13.9526	<0.0001

The mean time taken for attaining maximum motor blockade is 6.43 +1.13mins in ropivacaine 0.75% group and 12.46 +2.08mins in levobupivacaine 0.5% group. There is a statistically highly significant difference between the groups (p value <0.0001).

**Table 13:** Observed side - effects in both the groups

Sl. No.	Side Effects	Ropivacaine And Fentanyl Group No. (%)	Levobupivacaine And Fentanyl Group. NO. (%)	P Value
1	Hypotension	10(33.33%)	7 (23.33%)	0.5675
2	Nausea	2 (6.66%)	4 (13.33%)	0.6707
3	Shivering	5 (16.66%)	3 (10%)	0.7065
4	Bradycardia	2 (6.66%)	2 (6.66%)	1
5	Pruritis	0 (0%)	1 (3.33%)	---
Total No. Of Patients		30 (100%)	30 (100%)	

Total 17 patients suffered hypotension intraoperatively of which 10 belonged to group R and 7 to Group L. Bradycardia was seen in total 4 patients, 2 in each Group. Nausea was seen in 6 patients of which 2 belonged to Group R and 4 to Group L. Shivering was seen in 8 patients of which 5 belonged to Group R and 3 belonged to Group L. Pruritis was seen in only one patient in Group L. These data were statistically insignificant.

## Discussion

The mean time of onset of sensory blockade and time to reach T10 as assessed by loss of pain sensation in our study was 1.5 0.70, 4.32 1.23 minutes respectively in group R and 4.56 1.07 and 8.64 1.87 in group L (p value <0.0001 which is highly significant) which is comparable with that of Wahedi *et al.* who reported a mean onset time of 2 minutes and Gupta R *et al.* who reported onset of sensory blockade

to T10 in 3.5 + 1.2mins in group R. But Esmoğlu *et al.*, reported time taken for onset of sensory blockade in levobupivacaine group to be 2.2+ 0.7 min which is shorter compared to our study and time to reach T10 was 7.5+ 2.7 min comparable with our study. The time of onset of sensory blockade and time to reach T10 was significantly different statistically between both the study groups.

A T10 sensory level was achieved in 100% of our patients in both the groups which is comparable with that of McNamee *et al.* (100%).

In our study in group R, the mean cephalic spread of the sensory level was T4, mean time for maximum cephalic spread was 4.43+ 1.13 minutes, the mean duration of analgesia at T10 was 177.5+ 50.44 minutes and complete sensory recovery assessed at S1 level was 329.83+ 20.90 minutes; where as it was T8, 32 minutes, 138 minutes and 354 minutes respectively in earlier study done by Wahedi *et al.* which are comparable with our results. Two segment regression from peak sensory level was 84.92 minutes in our study and is comparable to Gautier *et al.* but is longer when compared to Mantouvalou *et al.* who reported a time of 60+ 9 minutes. This difference could be due to the use of a smaller dose (15 mg) of ropivacaine in their study. None of our patients had sensory anaesthesia in the cervical dermatomes which is in contrast to VanKleef *et al.*, Malinovsky *et al.* and McNamee *et al.* where reported a cervical sensory levels without affecting upper limb or respiratory function. This may be due to a difference in the characteristics of the populations studied or a difference in the position of the patient during the administration of intrathecal anaesthesia. Whereas in group L, the mean cephalic spread of the sensory level was T6, mean time for maximum cephalic spread was 9.03+1.99 minutes, the mean duration of analgesia at T10 was 110.83+ 29.36 minutes and complete sensory recovery assessed at S1 level was 273±19.10 minutes. Whereas it was T8, 13.4±5.8 min, 226±26.4 min in Esmoğlu *et al.* which are comparable with our study [6, 7]

The mean onset time of motor blockade, mean time to achieve maximum blockade (as assessed by Modified Bromage score 3) and duration of motor blockade in group R were 3.56 +1.13 minutes, 6.43+ 1.13 minutes and 255.16+ 29.05 minutes respectively in our study which were comparable with the study by Mantouvalou *et al.* (3 1min, 12 5 min and 269+ 20 min), however Gautier *et al.* reported 19 + 13 minutes for maximum motor blockade and 189±44 min for duration of motor blockade. But the achievement of similar motor blockade with a smaller dose of isobaric ropivacaine (15mg) by Mantouvalou could be because of different definitions of motor study parameters used by them. Complete motor blockade (Modified Bromage 3) was achieved in all of our patients while in McNamee *et al.* study, all patients achieved a score of at least 1, in contrast to Wahedi *et al.* who had six patients with incomplete motor blockade.

The mean onset time of motor blockade, mean time to achieve maximum blockade (as assessed by Modified Bromage Score 3) and duration of motor blockade in group L were 7.26 +1.41 minutes, 12.46±2.08 minutes and 202.5+ 23.25 minutes respectively in our study which were comparable with the study by Esmoğlu *et al.* There was statistically no significant difference between the two groups in hemodynamics, oxygen saturation, RSS, duration of surgery and adverse effects [8, 9].

In terms of safety, intrathecal ropivacaine produces a high degree of cardiovascular stability with a low incidence of bradycardia, 6.66% in our study which is comparable with that by Mantouvalou *et al.* who reported an incidence of 5% which is in contrast to McNamee *et al.* The intraoperative hypotension requiring IV ephedrine was 33% in our study which is comparable to the study by Mantouvalou *et al.* (25%) and Mc Namee *et al.* (24%). The hypotension was mild and the average requirement of IV ephedrine in 10 patients who had hypotension was 7.85mg. The other common adverse effect was shivering with an incidence of 16.66%, less than that compared to Mantouvalou *et al.* The reasons could be due to different environmental conditions and methodology of assessment. While none of our patients complained of vomiting, two patients (6.66%) had nausea which is comparable to Mantouvalou *et al.* where 5% of patients had nausea and no vomiting at all. None of our patients had hypoxia while 10% of patients had in Mantouvalou *et al.* [9, 10].

In group L in our study, incidence of bradycardia was 6.66% which is comparable with that by Esmoğlu *et al.* who reported an incidence of 10%. The intraoperative hypotension requiring IV ephedrine was 23.33% in our study, whereas in Esmoğlu *et al.* incidence of hypotension was zero. The other common adverse effect was shivering with an incidence of 10%. While none of our patients complained of vomiting, four patients (13.33%) had nausea. Esmoğlu *et al.* reported 3.33% of nausea and vomiting.

Hypotension following SAB is a common complication and also is more hazardous in elderly patients, as they have decreased physiological reserve and compromised blood supply to various vital organs.

Atropine, an antimuscarinic drug, increases the HR and is widely used to treat bradycardia.<sup>83</sup> The dose-response effect of atropine in patients undergoing SA has not been investigated.

Pruritus is a common complication when intrathecal opioids are used. Liu *et al.* found that the addition of 20 g of fentanyl intrathecally led to pruritus in all patients. In our study, only one patient (in group L) complained of pruritus. The administration of intrathecal opioids may provide benefits in augmenting intraoperative anaesthesia, but carries a risk of respiratory depression. In our study all the patients received O<sub>2</sub> by nasal prongs 2-3 liters per minute and maintained SpO<sub>2</sub> >98% throughout the study period. Varassi *et al.* have demonstrated that the subarachnoid administration of 25 g of fentanyl during spinal anaesthesia in non premedicated elderly men did not alter respiratory rate, end tidal tension of CO<sub>2</sub>, minute ventilation, respiratory drive, respiratory timing or the ventilatory response to CO<sub>2</sub> [6, 7, 9].

The dose of fentanyl used in our study was small, 20 g and was injected separately after the injection of study drug into subarachnoid space. These reasons probably prevented the cephalad spread and respiratory depression in our study group of patients. Respiratory rate was not documented in our study group.

The onset of motor blockade (3.56 min) is delayed compared to onset of sensory (1.5 min) blockade in group R, whereas in group L it is 7.26 min and 4.56 min. But the duration of motor blockade (255.16min in group R, 202.5min in group L) is lesser than sensory (329.83min in group R, 273min in group L), which allows early mobilization of the patients. Hence, intrathecal

administration of ropivacaine (22.5mg) and levobupivacaine (19.5 mg) were well tolerated and provided effective anaesthesia for TURP cases with minimal side effects. Requirement of rescue analgesia was earlier in group L compared to group R.

### Conclusion

In conclusion, 0.75% isobaric ropivacaine with fentanyl prolongs sensory and motor block durations providing adequate anaesthesia for patients undergoing TURP under SAB and post operative analgesia compared to 0.5% levobupivacaine without causing any difference in significant side-effects. Hence, ropivacaine with fentanyl in spinal anaesthesia for TURP cases is a better alternative compared to levobupivacaine with fentanyl.

### References

1. Malhotra V. Transurethral resection of prostate. *Anesthesiol Clin North America*. 2000; 18:883-97.
2. Sukhani R, Stevens RA. Spinal anesthesia. In: Benzon HT, Raja SN, Borsoo KD, Molloy RE, Strichartz G (eds). *Essentials of Pain Medicine and Regional Anaesthesia*, New York: Churchill Livingstone, 1999, 350-57.
3. Wang C, Chakrabarti MK, Whitwam JG. Specific enhancement by fentanyl of the effects of intrathecal bupivacaine or nociceptive afferent but no to sympathetic efferent path way indogs. *Anesthesiology*. 1993; 79:766-73.
4. Labbene I, Lamine K, Gharsallah H, Jebali A, Adhoum A, Ghozzi S *et al*. Spinal anesthesia for endoscopic urological surgery– low dose vs. varying doses of hyperbaric bupivacaine. *Middle East J Anesthesiol*. 2007; 19:369-84.
5. Adhikari D, Gupta SD, Sinha S, Saha A, Bhar S. A clinical trial comparing levobupivacaine, standard and low dose bupivacaine for subarachnoid block to compare the hemodynamic changes as well as effect on early ambulation in patient under going transurethral section of prostate. *Int. J App Basic Med Sci*. 2014; 4(2):44-51.
6. Breebaart MB, Vercauteren MP, Hoffmann VL, Driaensen HA. Urinary bladder scanning after day-case arthroscopy under spinal anesthesia: Comparison between lidocaine, ropivacaine and levobupivacaine. *Br J Anaesth*. 2003; 90:309-13.
7. Beers RA, Kane PB, Nsouli I, Krauss D. Does mid-lumbar block level provide adequate anesthesia for transurethral prostatectomy? *Can J Anaesth*. 1994; 41:807-12.
8. Prajapati J, Parmar H. Low dose bupivacaine and bupivacaine with fentanyl for spinal anesthesia for trans urethral resection of prostate. *IAIM*. 2015; 2(9):11-19.
9. Delvecchio L, Bettinelli S, Klersy C, Allegri M, Cavalloro F, Braschi A. Comparing the efficacy and safety of continuous epidural analgesia in abdominal and urological surgery between two opioids with different kinetic properties: morphine and sufentanyl. *Minerva Anesthesiol*. 2008; 74:69-76.
10. Liu S *et al*. Fentanyl prolongs lidocaine spinal anaesthesia without prolonging recovery. *Anesth Analg*. 1995; 80:730-4.